



2020 Ag Tour Health Action Plan & Schedule

The Montana FFA Agricultural Opportunities Tour is a Special Project of the Montana FFA Foundation created to provide additional opportunities to FFA members who have already experienced much of what Montana FFA has to offer. FFA members from around the state will have the ability to experience the diversity of Montana agriculture, network in different communities, and gain personal growth through the Montana Ag Tour. Members who attend this three-day event will tour various agricultural production operations, discover the multifaceted agribusinesses that support our farmers and ranchers, and interact with industry professionals. Students will be equipped to bring home the value of these experiences to impact their chapters, utilize new knowledge further develop their Supervised Agricultural Experiences, and grow their vision of their future in agriculture.

This year FFA members will be touring in Northeastern Montana, starting in Custer County and working their way to Valley County, Daniels County, Sheridan County, Roosevelt County, Richland County, Dawson County, and Prairie County. Specific towns and businesses for each county are listed in the itinerary listed at the end of this document.

In order to make sure that we are taking every precaution to protect the health of the members, staff and communities that we will be visiting, the Montana FFA Foundation has put together an Action plan. In the following pages you will see an itinerary of our day to day travels, who will be in attendance, as well as contact information for Foundation staff. In accordance with the Phase Two directive starting June 1st, 2020 by Governor Bullock, here is what is being shared with those in attendance and how we plan on keeping everyone safe, happy and healthy.

The following has been pulled from the Office of the Governor, State of Montana's Phase Two Directive released May 19th, 2020 and effective June 1st, 2020.

Guidance Applicable to All Phases

- Individuals should continue to practice good hygiene by adhering the following guidelines:
 - Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
 - Avoid touching your face.
 - Sneeze or cough into a tissue or the inside of your elbow.
 - Disinfect frequently used items and surfaces as much as possible.
 - Strongly consider using non-medical face coverings while in public, especially in circumstances that do not readily allow for appropriate physical distancing (e.g., grocery/retail stores, pharmacies, public transportation).
- People who feel sick should stay at home.
 - Do not go to work or school.
 - Contact and follow the advice of your medical provider.
 - Follow local health department guidance on isolation and quarantine.
- Employers should:
 - Develop and implement appropriate policies, in accordance with federal, state, and local regulations and guidance, and informed by industry best practices, regarding:
 - Social distancing and protective equipment.
 - Temperature checks and/or symptom screening.
 - Testing, isolating, and contact tracing, in collaboration with public health authorities.

- Sanitation.
 - Monitor workforce for indicative symptoms. Do not allow people with symptoms of COVID-19 to work.
 - Use and disinfection of common and high-traffic areas.
 - Collaborate with public health officials when implementing policies and procedures for workforce contact tracing following an employee's COVID-19 positive test result.
 - Encourage voluntary participation of employees in any surveillance testing designed to provide community-wide early warning by local public health officials.

Phase Two: Increase in Permissible Group Size to Groups of 50

- Effective June 1, avoid gathering in groups of more than 50 people in circumstances that do not readily allow for appropriate physical distancing. It is recommended to continue to social distance in gatherings of any size.
- Groups larger than 50 people should be cancelled unless physical distancing can be maintained.
- If you are planning an event with more than 50 people you should consult with your local public health office on a plan to implement adequate social distancing.
- Consistent with the Centers for Disease Control and Prevention's (CDC) guidelines, event cutoff threshold is at the discretion of community leadership based on current circumstances in your community.
- Physical distancing guidelines for groups and gatherings do not apply to household members.

In accordance to the Governor's directive the following guidelines from Montana.gov Official State Website will be followed to ensure everyone's health and safety.

Know how it spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to [spread mainly from person-to-person](#).
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs, sneezes or talks.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
 - Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Everyone Should

- Wash your hands often
 - [Wash your hands](#) often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
 - **Avoid touching your eyes, nose, and mouth** with unwashed hands.

- Avoid close contact
 - **Avoid close contact with people who are sick, even inside your home.** If possible, maintain 6 feet between the person who is sick and other household members.
 - **Put distance between yourself and other people outside of your home.**
 - Remember that some people without symptoms may be able to spread virus.
 - [Stay at least 6 feet \(about 2 arms' length\) from other people.](#)
 - Do not gather in groups.
 - Stay out of crowded places and avoid mass gatherings.
 - Keeping distance from others is especially important for [people who are at higher risk of getting very sick.](#)
- Cover your mouth and nose with a cloth face cover when around others
 - You could spread COVID-19 to others even if you do not feel sick.
 - Everyone should wear a [cloth face cover](#) when they have to go out in public, for example to the grocery store or to pick up other necessities.
 - Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
 - The cloth face cover is meant to protect other people in case you are infected.
 - Do NOT use a facemask meant for a healthcare worker.
 - Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.
- Cover coughs and sneezes
 - **If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
 - **Throw used tissues** in the trash.
 - Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- Clean and disinfect
 - **Clean AND disinfect [frequently touched surfaces](#) daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
 - **If surfaces are dirty, clean them.** Use detergent or soap and water prior to disinfection.
 - **Then, use a household disinfectant.** Most common [EPA-registered household disinfectant](#)[external icon](#) will work.
- Monitor Your Health
 - **Be alert for symptoms.** Watch for fever, cough, shortness of breath, or [other symptoms of COVID-19.](#)
 - Especially important if you are [running essential errands](#), going into the office or workplace, and in settings where it may be difficult to keep a [physical distance of 6 feet.](#)
 - **Take your temperature** if symptoms develop.
 - Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
 - Follow [CDC guidance](#) if symptoms develop.

In order to follow these guidelines, we will be providing masks that allow for filters to be changed out every day and ample time to allow everyone the chance to wash their hands. We will also provide everyone their personal hygiene kits that will include their personal face masks, personal bottle of hand sanitizer, hand lotion, and extra hand sanitizer will be stationed at the areas we will be visiting. We will work with our tour locations and guides to maintain social distancing requirements of six (6) feet and proper sanitary practices. We will have signs posted around the areas we will be visiting to remind everyone in attendance to wash their hands and to use their mouth coverings. You can find these signs at the end of the document. While traveling, we will keep a supply of mask filters, plastic gloves, and disinfecting wipes to use at tour locations and host sites as needed.

Service Project

On Saturday, June 27, the student participants of the Ag Tour will participate in a service project in the Glasgow community. This event will be held outdoors at the Valley County Fairgrounds away from populated areas so that our participants can safely practice social distancing. Collaborators on this project are the NRCS & Valley County Extension who are assisting in assuring that we are safely following social distancing guidelines.

Itinerary: 2020 Montana FFA Agricultural Opportunities Tour – Sponsored by Corteva Agriscience

Thursday, June 25th: DAY ONE		
Event	Time	Place
REGISTRATION/CHECK-IN	1:15 PM - 2:00 PM	Miles City
Depart	2:00 PM	Miles City
Range Riders Museum	2:15 - 3:00 PM	Miles City
Travel to Terry 3:00 - 3:45 PM		
Prairie County Extension	4:00 - 5:00 PM	Terry
Travel to Glendive 5:00 - 6:00 PM		
Dinner with Dawson CFFA	6:00 - 7:00 PM	Glendive
Mikoshika State Park (reflection)	7:00 - 8:00 PM	Glendive
Reflections at Dawson Community College	8:15 - 9:00 PM	Glendive
Lights out	9:00 PM	Glendive
Friday, June 26th: DAY TWO		
Wake up	6:30 AM	Glendive
Travel to Sidney (Breakfast on bus) 7:00 - 8:00 AM		
Lower Yellowstone Irrigation Project - Main Irrigation Intake	8:00 - 8:50 AM	Sidney
Sidney Sugars	9:00 - 9:50 AM	Sidney
Dynneson Feedlot	10:00 - 11:00 AM	Sidney
Travel to Culbertson 11:00 AM - 12:00 PM		

Lunch with Culbertson FFA Alumni	12:00 - 1:00 PM	Culbertson
Travel to Plentywood 1:00 - 2:00 PM		
Columbia Grain Pulse Processing Plant	2:00 - 3:00 PM	Plentywood
Travel to Scobey 3:00 - 4:00 PM		
PRO Co-op (tour and dinner)	4:00 - 6:00 PM	Scobey
Reflections	6:00 - 7:00 PM	Scobey
State Officer Activities	7:00 - 8:00 PM	Scobey
Lights out	9:00 PM	Opheim
Saturday, June 27th: DAY THREE		
Wake up	6:30 AM	Opheim
Travel to Fort Peck (Breakfast on bus – Sponsored by Simeniuk Welding & Repair) 7:00 - 9:00 AM		
Fort Peck Dam Powerhouses	9:00 - 10:00 AM	Fort Peck
Fort Peck Fish Hatchery	10:00 - 11:00 AM	Fort Peck
Lunch presentation on Canola Omegas - sponsored by Farmers Business Network	11:00 - 12:30 PM	Glasgow
Ag Tour Day of Service Project	12:30 - 2:30 PM	Glasgow
Travel to Fairview 2:30 - 5:00 PM		
Safflower Tech International	5:00 - 6:00 PM	Fairview
Dinner with Fairview FFA	6:00 - 7:00 PM	Fairview
Travel from Fairview to Sidney 6:00 - 7:00 PM		
Reflections	7:30 - 8:30 PM	Sidney
Lights out	9:00 PM	Sidney
Sunday, June 28th: DAY FOUR		
Wake up	6:30 AM	
Breakfast	7:00 AM	Sidney
XTO Energy	8:00 - 9:00 AM	Sidney
Travel to Savage 9:00 AM - 9:30 AM		
Craig's Meats	9:30 - 10:30 AM	Savage
Travel to Miles City 10:30 AM - 1:00 PM		
Tour concludes	1:00 PM	Miles City

Stop Germs! Wash Your Hands.

When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage



How?



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.



Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

LIFE IS BETTER WITH

CLEAN HANDS



www.cdc.gov/handwashing

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



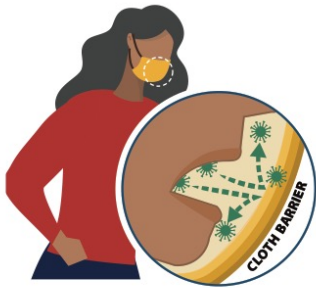
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How to Safely Wear and Take Off a Cloth Face Covering

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2



USE THE FACE COVERING TO PROTECT OTHERS

- Wear a face covering to protect others in case you're infected but don't have symptoms
- Keep the covering on your face the entire time you're in public
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



TAKE OFF YOUR CLOTH FACE COVERING CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place covering in the washing machine
- Wash your hands with soap and water



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Cloth face coverings are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a cloth face covering, see:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

County Health Departments	
Valley County	(406) 228-6261
Daniels County	(406) 487-5560
Sheridan County	(406) 765-3412
Roosevelt County	(406) 653-6223
Richland County	(406) 433-2207
Dawson County	(406) 377-5213
Prairie County	(406) 635-2020
Custer County	(406) 874-8700

Resources
Office of the Governor, State of Montana's Phase Two Directive - https://covid19.mt.gov/Portals/223/Documents/Phase%20Two%20Directive%20with%20Appendices.pdf?ver=2020-05-19-145442-350
Montana.gov Official State Website - https://covid19.mt.gov/
Hand Washing - www.cdc.gov/handwashing
Face Coverings - www.cdc.gov/coronavirus